

CV

Alexandra Meta Späth

Education

- Since 02/2020 **PhD Student**
Department of Clinical Psychology and Psychotherapy
Pain and Psychotherapy Research Lab
University of Koblenz-Landau, Germany
Supervisors: Dr. Tobias Kube, Dr. Stephan König, Prof. Dr. Julia A. Glombiewski
- Since 10/2019 **Postgraduate Training in Cognitive Behavioural Therapy**
Weiterbildungsstudiengang in Psychologischer Psychotherapie (WiPP)
University of Koblenz-Landau, Germany
- 05/2018 – 09/2019 **Postgraduate Training in Cognitive Behavioural Therapy**
Ausbildungsprogramm Psychologische Psychotherapie
Goethe University Frankfurt, Germany
- 10/2015 – 04/2018 **Master of Science in Psychology, main focus: Crosscultural Psychology**
(Grade: very good, 1.2)
University of Osnabrück, Germany
Thesis: "The Role of Religious Orientation and System Justification in Understanding Collective Action on Behalf of Muslims in Germany" (Grade: very good, 1.0)
Supervisors: Dr. Helena Radke, Prof. Dr. Julia Becker
- 10/2011 – 04/2015 **Bachelor of Science in Psychology** (Grade: very good, 1.3)
University of Koblenz-Landau, Germany
Thesis: "Fascination TV series: An empirical research on the relation between the preference of TV series with ambivalent main character and the recipients' personality traits" (Grade: very good, 1.0)
Presentation at the 9th Conference of the Media Psychology Division of the German Psychological Society, Eberhard Karls Universität Tübingen (09/2015): "I don't care if the characters are likeable as long as they're interesting!" - The relation between personality traits and the preference of TV series with ambivalent main characters"
Supervisors: Dr. Ines Welzenbach-Vogel, Dr. Uli Gleich
- 03/2011 **School Leaving Examination [Abitur]** (Grade: good, 1.7)
Werner-Heisenberg-Gymnasium, Bad Dürkheim, Germany

Professional experience

- Since 02/2020 **Psychotherapist in Training**
Psychotherapeutische Universitätsambulanz (outpatient clinic, WiPP)
University of Koblenz-Landau, Germany
- 05/2018 – 01/2020 **Psychotherapist in Training**
with focus on dual diagnosis, borderline personality disorder and drug withdrawal
Pfalzkrankenhaus für Psychiatrie und Neurologie, Klingenmünster, Germany
- 10/2017 – 03/2018 **Student Research Assistant**
with focus on the relation between arts education and emotional competence
Department of Art Education
University of Osnabrück, Germany
- 12/2017 – 01/2018 **Psychotherapeutic Internship**
with focus on depression and anxiety disorders
Pfalzkrankenhaus für Psychiatrie und Neurologie, Klingenmünster, Germany
- 11/2016 – 12/2016 **Psychotherapeutic Internship**
with focus on gender-based violence
Rape Crisis Centre, Port Elizabeth, South Africa
- 07/2016 – 11/2016 **Research Internship**
with focus on culturally sensitive diagnosis of PTSD
Department of Psychology
Nelson Mandela University, Port Elizabeth, South Africa
- 10/2014 – 01/2015 **Research Internship**
Department of Media Research and Program Strategies
SWR (Southwest Broadcasting), Baden Baden, Germany
- 02/2013 – 12/2013 **Student Assistant**
IFM Mannheim (Institute for Market Psychology), Germany
- 08/2013 – 09/2013 **Psychotherapeutic Internship**
Sleep Disorders Centre
Pfalzkrankenhaus für Psychiatrie und Neurologie, Klingenmünster, Germany

International experience

- 07/2016 – 01/2017 **Study Exchange**
Nelson Mandela University, Port Elizabeth, South Africa
Funding: DAAD Scholarship (German Academic Exchange Service)
- 04/2015 – 08/2015 **Voluntary Service**
Granada, Nicaragua and San José, Costa Rica