

# Prof. Dr. rer. nat. Julia Anna Glombiewski

## Publications

### Journal papers (peer reviewed)

Körper, K., Schemer, L., Kube, T., & **Glombiewski, J. A.** (in press). An experimental analogue study on the “dose-response relationship” of different therapeutic instructions for pain exposures: The more, the better? *Journal of Pain Research*, IF: 2.4

Kube, T., & **Glombiewski, J. A.** (preprint2020). How depressive symptoms hinder positive information processing – An experimental study on the interplay of cognitive immunisation and negative mood in the context of expectation update.  
<https://doi.org/10.31234/osf.io/ceqwh>

Kube, T., & **Glombiewski, J. A.** (preprint2020). How reappraisal of new information contributes to optimistic belief updating. <https://doi.org/10.31219/osf.io/be5vx>

Scholten, S., Lischetzke, T., & **Glombiewski, J. A.** (preprint2020). Toward data-based case conceptualization: A functional analysis approach with ecological momentary assessment.  
<https://doi.org/10.31234/osf.io/prg7n>

## 2020

Emmerich, A. C., Friehs, T., Crombez, G., & **Glombiewski, J. A.** (2020). Self-compassion predicting pain, depression and anger in people suffering from chronic pain: A prospective study. *European Journal of Pain*, 2020, 1-13. <https://doi.org/10.1002/ejp.1638>, IF: 3.5

Flink, I. K., Reme, S., Jacobsen, H. B., **Glombiewski, J. A.**, Vlaeyen, J. W. S., Nicholas, M. K., Main, C. J., Peters, M., Williams, A. C. de C., Schrooten, M. G. S., Shaw, W., & Boersma, K. (2020). Pain psychology in the 21st century: Lessons learned and moving forward. *Scandinavian Journal of Pain*, 20(2), 229-238. <https://doi.org/10.1515/sjpain-2019-0180>, IF(2018): 1.5

**Glombiewski, J. A.**, Emmerich, A. C., & Rief, W. (2020). Fallseminare in der klinischen Psychologie und Psychotherapie. *Verhaltenstherapie*, 30(2), 156-168.  
<https://doi.org/10.1159/000507593>, IF: 0.8

Haas Wittkowski, J., Rief, W., **Glombiewski, J. A.**, Winkler, A., & Doering, B. (2020). Expectation-induced placebo effect on acute sadness in women with major depression: An experimental investigation. *Journal of Affective Disorders*, 274, 920-928.  
<https://doi.org/10.1016/j.jad.2020.05.056>, IF: 3.9

Kube, T., Rief, W., Vivell, M.-B., Schäfer, N. L., Vermillion, T., Körper, K., & **Glombiewski, J. A.** (2020). Deceptive and nondeceptive placebos to reduce pain: An experimental study in healthy individuals. *The Clinical Journal of Pain*, 36(2), 68-79.  
<https://doi.org/10.1097/AJP.0000000000000781>, IF: 2.9

- Kube, T., Schwarting, R., Rozenkrantz, L., **Glombiewski, J. A.**, & Rief, W. (2020). Distorted cognitive processes in major depression: A predictive processing perspective. *Biological Psychiatry*, *87*(5), 388-398. <https://doi.org/10.1016/j.biopsych.2019.07.017>, IF: 12.1
- Riecke, J., Rief, W., Vlaeyen, J. W. S., & **Glombiewski, J. A.** (2020). Generalizability of harm and pain expectations after exposure in chronic low back pain patients. *European Journal of Pain*, *24*(8), 1495-1504. <https://doi.org/10.1002/ejp.1604>, IF: 3.5
- Schemer, L., Körfer, K., & **Glombiewski, J. A.** (2020). Evaluation of exposure instructions to pain: Should therapist focus on fear reduction or expectation violation? *Cognitive Therapy and Research*, *44*(3), 697-708. <https://doi.org/10.1007/s10608-019-10070-7>, IF: 2.6
- Schemer, L., Riecke, J., & **Glombiewski, J. A.** (2020). Expositionstherapie bei chronischen Rückenschmerzen: Nicht ohne Verhaltensexperimente. *Verhaltenstherapie*, 1-9. <https://doi.org/10.1159/000510169>, IF: 0.8
- Schemer, L., Rief, W., & **Glombiewski, J. A.** (2020). Treatment expectations towards different pain management approaches: Two perspectives. *Journal of Pain Research*, *13*, 1725-1736. <https://doi.org/10.2147/JPR.S247177>, IF: 2.4
- Traxler, J., **Glombiewski, J. A.**, & Vlaeyen, J. W. S. (2020). Der Teufelskreis aus Schmerz, Angst und Bewegungsvermeidung: Ursachen und mögliche Auswege. *Der Schmerzpatient*, *3*(1), 8-17. <https://doi.org/10.1055/a-0969-4227>
- Wilhelm, M., Rief, W., Haberkamp, A., von Blanckenburg, P., & **Glombiewski, J. A.** (2020). Studium zur Psychotherapie-Approbation als Herausforderung und Chance: Praktische Hochschullehrkonzepte in der klinischen Psychologie und Psychotherapie. *Verhaltenstherapie*, *30*(2), 117-127. <https://doi.org/10.1159/000507902>, IF: 0.8

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- Haberkamp, A., Schmidt, F., Hansmeier, J., & **Glombiewski, J. A.** (2019). Contamination-fear in subclinical obsessive-compulsive disorder: A further proof for no preferential processing of disorder-related stimuli. *Journal of Obsessive-Compulsive and Related Disorders*, *21*, 26-36. <https://doi.org/10.1016/j.jocrd.2018.11.004>, IF: 1.4
- Kube, T., **Glombiewski, J. A.**, Gall, J., Touissant, L., Gärtner, T., & Rief, W. (2019). How to modify persisting negative expectations in major depression? An experimental study comparing three strategies to inhibit cognitive immunization against novel positive experiences. *Journal of Affective Disorders*, *250C*, 231-240. <https://doi.org/10.1016/j.jad.2019.03.027>, IF: 3.9
- Kube, T., **Glombiewski, J. A.**, & Rief, W. (2019). Expectation-focused psychotherapeutic interventions for people with depressive symptoms. *Verhaltenstherapie*, *29*(4), 281-291. <https://doi.org/10.1159/000496944>, IF: 0.8

- Kube, T., Herzog, P., Michalak, C. M., **Glombiewski, J. A.**, Doering, B. K., & Rief, W. (2019). Further specifying the cognitive model of depression: Situational expectations and global cognitions as predictors of depressive symptoms. *Clinical Psychology in Europe*, 1(4), e33548. <https://doi.org/10.32872/cpe.v1i4.33548>
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- Schemer, L., Schroeder, A., Ørnbøl, E., & **Glombiewski, J. A.** (2019). Exposure and cognitive-behavioural therapy for chronic back pain: An RCT on treatment processes. *European Journal of Pain*, 23(3), 526-538. <https://doi.org/10.1002/ejp.1326>, IF: 3.5

## 2018

- Glombiewski, J. A.** (2018). Expositionstherapie bei chronischen Rückenschmerzen. *Der Schmerz*, 32(4), 274-282. <https://doi.org/10.1007/s00482-018-0311-9>, IF: 1.0
- Glombiewski, J. A.**, Holzapfel, S., Riecke, J., Vlaeyen, J., De Jong, J., Lemmer, G., & Rief, W. (2018). Exposure and CBT for chronic back pain: An RCT on differential efficacy and optimal length of treatment. *Journal of Consulting and Clinical Psychology*, 86(6), 533-545. <https://doi.org/10.1037/ccp0000298>, IF: 4.6
- Kube, T., **Glombiewski, J. A.**, & Rief, W. (2018a). Situational expectations mediate the effect of global beliefs on depressive symptoms: A 1-year prospective study using a student sample. *Current Opinion in Psychiatry*, 31(5), 409-416. <https://doi.org/10.1097/YCO.0000000000000443>, IF: 4.4
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- Kube, T., Siebers, V. H. A., Herzog, P., **Glombiewski, J. A.**, Doering, B. K., & Rief, W. (2018). Integrating situation-specific dysfunctional expectations and dispositional optimism

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## 2017

Haberkamp, A., **Glombiewski, J. A.**, Schmidt, P., & Barke, A., (2017). The Disgust-Related Images (DIRTI) database: Validation of a novel standardized picture set of disgust. *Behaviour Research and Therapy*, 89, 86-94. <https://doi.org/10.1016/j.brat.2016.11.010>, IF: 4.5

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Kube, T., Rief, W., & **Glombiewski, J. A.** (2017). On the maintenance of expectations in major depression – Investigating a neglected phenomenon. *Frontiers in Psychology*, 8(9), 1-7. <https://doi.org/10.3389/fpsyg.2017.00009>, IF: 2.0

Rief, W. & **Glombiewski, J. A.** (2017). The role of expectations in mental disorders and their treatment. *World Psychiatry*, 16(2), 210-211. <https://doi.org/10.1002/wps.20427>, IF: 40.6

Sielski, R., **Glombiewski, J. A.**, Rief W., Crombez, G., & Barke, A. (2017). Cross-cultural adaptation of the German Pain Solutions Questionnaire: An instrument to measure assimilative and accommodative coping in response to chronic pain. *Journal of Pain Research*, 10, 1437-1446. <https://doi.org/10.2147/JPR.S130016>, IF: 2.4

Sielski, R., Rief, W., & **Glombiewski, J. A.** (2017). Efficacy of biofeedback in chronic back pain: A meta-analysis. *International Journal of Behavioral Medicine*, 24, 25-41. <https://doi.org/10.1007/s12529-016-9572-9>, IF: 2.1

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Auer, C. J., **Glombiewski, J. A.**, Doering, B. K., Winkler, A., Laferton, J. A. C., Broadbent, E., & Rief, W. (2016). Patients' expectations predict surgery outcomes: A meta-analysis. *International Journal of Behavioral Medicine*, 23(1), 49-62. <https://doi.org/10.1007/s12529-015-9500-4>, IF: 2.1

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Holzappel, S., Riecke, J., Rief, W., Schneider, J., & **Glombiewski, J. A.** (2016). Development and validation of the Behavioral Avoidance Test - Back Pain (BAT-Back) for patients with chronic low back pain. *The Clinical Journal of Pain*, 32 (11), 940-947. <https://doi.org/10.1097/AJP.0000000000000349>, IF: 2.9

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Hansmeier, J., Exner, C., Rief, W., & **Glombiewski, J. A.** (2014). Gedanken-Handlungs-Fusion und Zwangssymptome - eine Validierungsstudie der Thought Action Fusion-Skala (TAF-Skala) für den deutschen Sprachraum. *Zeitschrift für Klinische Psychologie und Psychotherapie*, 43(3), 204-214. <https://doi.org/10.1026/1616-3443/a000266>, IF: 0.9

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- Glombiewski, J. A.**, Bernardy, K., & Häuser, W. (2013). Efficacy of EMG- and EEG-biofeedback in fibromyalgia syndrome: A meta-analysis and a systematic review of randomized controlled trials. *Evidence-Based Complementary and Alternative Medicine*, 2013, 1-11. <https://doi.org/10.1155/2013/962741>, IF: 1.8
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- Trapp, K., **Glombiewski, J. A.**, Hartwich-Tersek, J., & Rief, W. (2009). Rentenbegehren und Therapie chronischer Rückenschmerzen: Die Relevanz sozialmedizinischer Variablen bei ambulanter psychotherapeutischer Behandlung. *Der Schmerz*, *23*(2), 166-172. <https://doi.org/10.1007/s00482-008-0744-7>, IF: 1.0

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- Hartwich-Tersek, J., **Glombiewski, J. A.**, & Rief, W. (2008). Positive Effekte von Informationsvermittlung bei Patienten mit chronischen Rückenschmerzen. *Verhaltenstherapie*, *18*(3), 153-161. <https://doi.org/10.1159/000151379>, IF: 0.8

## **Clinical Guidelines**

**Glombiewski, J. A., & Rief, W.** (2013). Fibromyalgie. In A. Martin, M. Härter, P. Henningsen, W. Hiller, B. Kröner-Herwig, & W. Rief (Eds.), *Evidenzbasierte Leitlinie zur Psychotherapie somatoformer Störungen und assoziierter Syndrome. Evidenzbasierte Leitlinien Psychotherapie der DGPs* (Band 4, S. 124–134). Hogrefe.

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Reese, C., Mittag, O., Bengel, J., Deck, R., Ehlebracht-König, I., Faller, H., Fleig, L., Geigges, W., **Glombiewski, J. A.**, Grande, G., Hautzinger, M., Höder, J., Jäckel, W. H., Kortenhaus, H., Lüking, M., Mai, B., Niebling, W., Pflingsten, M., Pomp, S., Rink, M., Schmucker, D., Wörner, S., & Worringer, U. (2012). *Praxisempfehlungen für psychologische Interventionen in der Rehabilitation: Chronische Rückenschmerzen* (2., erweiterte Ausgabe). Uniklinik Freiburg.

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## **Book Chapters**

Doering, B. K., **Glombiewski, J. A.**, & Rief, W. (2018). Expectation-focused psychotherapy to improve clinical outcomes. In L. Colloca (Hrsg.), *International Review of Neurobiology: Neurobiology of the placebo effect, Part I*. (Bd. 138, S. 257-270). Academic Press.  
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**Glombiewski, J. A.**, Hasenbring, M., Levenig, C. G., & Karimi, Z. (2016). Psychologische Verfahren. In H.-R. Casser, M. Hasenbring, A. Becker, & R. Baron (Hrsg.), *Rückenschmerzen und Nackenschmerzen: Interdisziplinäre Diagnostik und Therapie, Versorgungspfade, Patientenedukation, Begutachtung, Langzeitbetreuung* (S. 297-309). Springer. [https://doi.org/10.1007/978-3-642-29775-5\\_26](https://doi.org/10.1007/978-3-642-29775-5_26)

**Glombiewski, J. A.**, & Heuser, J. (2011). Chronische Rückenschmerzen. In W. Rief & N. Birbaumer (Hrsg.), *Biofeedback* (3. Auflage, S. 8-26). Schattauer.

Hofmann, S. G., **Glombiewski, J. A.**, Assani, A., & Sawyer, A. (2011). Mindfulness and acceptance: The perspective of cognitive therapy. In E. M. Forman & J. D. Herbert (Hrsg.), *Acceptance and mindfulness in cognitive behavior therapy: Understanding and applying the new therapies* (S. 267-290). John Wiley & Sons.  
<https://doi.org/10.1002/9781118001851.ch11>

## **Commentaries and Book Reviews**



- Sielski, R., & **Glombiewski, J. A.** (2016). Biofeedback as a psychological treatment option for chronic back pain. *Pain Management*, 7(2), 75-79. <https://doi.org/10.2217/pmt-2016-0040>, IF(2018): 1.5
- Glombiewski, J. A.** (2015). Angst vor Bewegung: Auch experimentell messbar – Nachgehakt bei Dr. Julia Glombiewski. *Journal Club Schmerzmedizin*, 4(3), 176–177. <https://doi.org/10.1055/s-0041-103342>
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IF = Journal Impact Factor – if applicable, the source is the Journal Citation Report 2020: IF 2019