

VITA
SASKIA SCHOLTEN

PROFESSIONAL EXPERIENCE

06/2020 – currently	Psychotherapist at the Outpatient Clinic of the Universität Koblenz-Landau (wipp)
01/2019 – 10/2019	Maternity leave
06/2018 – currently	Postdoctoral research fellow with Prof. Dr. Julia Glombiewski, Department of Clinical Psychology and Psychotherapy, Universität Koblenz-Landau, Germany
02/2018 – 05/2018	Psychotherapist at the Zentrum für Psychiatrie, Winnenden, Germany
03/2017 – 01/2018	Maternity leave
05/2012 – 01/2018	Junior faculty member with Prof. Dr. Jürgen Margaf at the Mental Health Research and Treatment Center, Department of Clinical Psychology and Psychotherapy, Ruhr-Universität Bochum, Germany
03/2012 – 08/2016	Psychological Psychotherapist in training, Center of Psychotherapy, dgvt, Dortmund, Germany
03/2011 – 02/2012	Psychological Psychotherapist in training, Marienhospital Eickel, Herne, Germany
04/2009 – 10/2010	Research Assistant with Prof. Thomas Elbert, „Integration and Addiction“ (a project of the European Fonds for the Integration of third-country nationals), Department of Clinical Psychology and Clinical Neuropsychology, Universität Konstanz, Germany
09/2008 – 03/2009	Scientific internship with Prof. Dr. Thomas Elbert, Center of Excellence for Psychotraumatology

EDUCATION

01/2020 – currently	Additional qualification “Supervision 2020”, Center for psychological psychotherapy, Heidelberg, Germany
05/2012 – 08/2017	Ph.D. (Dr. rer. nat.) student with Prof. Dr. Jürgen Margraf at the Mental Health Research and Treatment Center, Department of Clinical Psychology and Psychotherapy, Ruhr-Universität Bochum, Germany; Thesis: „Macro Matters: The relationship of sociocultural factors and mental health across countries“
10/2011 – 02/2015	Master of Advanced Studies Psychotherapy (Behavioral Therapy), University of Bern, Switzerland
10/2010 – 09/2014	Postgraduate training as „Psychologische Psychotherapeutin“ in cognitive behavioral therapy [the title „Psychological

	Psychotherapist“ ist protected by law in Germany], Deutsche Gesellschaft für Verhaltenstherapie (dgv), Dortmund, Germany
	Approbationsprüfung [Licence to practice psychotherapy]
2008	Additional qualification “Narrative Exposure Therapy”, vivo international, Konstanz
10/2005 – 10/2010	Diploma in Psychology, Universität Konstanz, Germany Thesis: “Differences between patients with and without migrant background in out-patient and inpatient addiction care.”
03/2005	Allgemeine Hochschulreife („Abitur“) [German higher education entrance qualification], Maria-Ward-Schule, Landau, Germany

INTERNATIONAL EXPERIENCE

02/2008 – 05/2008	Visiting student for four months at Alexander Ioan Cuza University, Iași, Romania
04/2005 – 09/2005	Voluntary service for 6 months with the Partnerschaft Rheinland-Pfalz Ruanda e.V., Gitarama (now Muhanga) and Ruhango, Rwanda
09/2002 – 06/2003	High School exchange year with the Congress-Bundestag Youth Exchange Program, Denham Springs, LA, USA

TEACHING

2020 & 2021	Evaluation of clinical-psychological interventions (graduate course), Universität Koblenz-Landau, Germany
2020 & 2021	Major depression & suicidality (graduate course), Universität Koblenz-Landau, Germany
2019 & 2020	Relaxation techniques (post-graduate course), Weiterbildungsstudiengang in Psychologischer Psychotherapie (WiPP), Landau, Germany
2019 – currently	Clinical-psychological diagnostic (graduate course), Universität Koblenz-Landau, Germany
2019 & 2020	General introduction to mental disorders (undergraduate course), Universität Koblenz-Landau, Germany
2018, 2019, 2021	Case study: Conceptualization and treatment (graduate course), Universität Koblenz-Landau, Germany
2018	Psychotherapy in groups (undergraduate course), Universität Koblenz-Landau, Germany
2016	Psychotherapy with severe mental disorders (graduate course), Ruhr-Universität Bochum, Germany
2016	Psychotherapeutic interventions (graduate course), Ruhr-Universität Bochum, Germany

2015 – 2020	Basic intervention techniques (graduate course), Université Luxembourg, Luxembourg
2015	Case study seminar (post-graduate course), Mental Health Research and Treatment Center, Bochum, Germany
2015 & 2016	Risks and side effects in psychotherapy, (post-graduate course), Mental Health Research and Treatment Center, Bochum, Germany
2015 & 2016	Cross-cultural research in clinical psychology and psychotherapy (graduate course), Ruhr-Universität Bochum, Germany
2015 & 2016	Basic communication techniques in psychotherapy (undergraduate course), Ruhr-Universität Bochum, Germany
2014 – 2016	B.Sc. project seminar (undergraduate course), Ruhr-Universität Bochum, Germany
2014 & 2015	Clinical diagnostic over the life course (graduate course), Universität Witten-Herdecke, Germany
2014	Great moments in clinical psychology and psychotherapy (graduate course), Ruhr-Universität Bochum, Germany
2013	Clinical psychology and psychotherapy in within the societal context (graduate course), Ruhr-Universität Bochum, Germany
2012 – 2016	Diagnostic in clinical psychology and psychotherapy (graduate course), Ruhr-Universität Bochum, Germany (annually)

VOLUNTEER ACTIVITIES, GRANTS, AND AWARDS

2021	Travel grant awarded by the Universität Koblenz-Landau: n=1 Symposium, Leuven, Belgium
2021	Project grant awarded by the German Alliance against Depression (https://www.deutsche-depressionshilfe.de/ueber-uns/das-buendnis)
07/2020	Awarded with a prize for excellent teaching by the Department of Psychology of the Universität Koblenz-Landau, Germany
2019 – 2020	Project grant “Initial funding for post-docs”, Universität Koblenz-Landau, Germany
07/2019	Travel grant awarded the project for the qualification of female junior scientists, Universität Koblenz-Landau: 11 th Workshop Congress for Clinical Psychology and Psychotherapy, Erlangen, Germany
05/2019 – 05/2020	Promoted as “Post-Doc with child(ren)” by the project for the qualification of female junior scientists, Universität Koblenz-Landau, Germany
10/2018	Travel grant awarded by the Universität Koblenz-Landau: n=1 Stockholm Symposium, Stockholm Sweden
2018	Awarded with the Open Science Award “Gold” by the Open Science Commission, Universität Koblenz-Landau, Germany

- 07/2016 Travel grant awarded by the German Academic Exchange Service (DAAD): 23rd International Congress of the International Association for Cross-Cultural Psychology (IACCP) in Nagoya, Japan
- 01/2015 – 02/2018 Member of the scientific committee of the 29th and 30th DGVT-Congress for Clinical Psychology, Psychotherapy and Counselling of the German Association for Behavioral Therapy (dgvt)
- 05/2015 Winner of the first clinical Science Slam at the 9th Workshop Congress for Clinical Psychology and Psychotherapy, German Psychological Society, Dresden, Germany
- 07/2014 Travel grant awarded by the German Academic Exchange Service (DAAD): 22nd International Congress of the International Association for Cross-Cultural Psychology (IACCP) in Reims, France
- 11/2013 – 12/2015 Management of the steering committee for the annual campaign 2015 of the Catholic German Scout Association (DPSG). Theme: “Gast>>Freundschaft für Menschen auf der Flucht” [Hospitality for refugees]
- 08/2011 Awarded with the Medal of Merit of the Federal Republic of Germany [Bundesverdienstmedaille der Bundesrepublik Deutschland]
- 02/2011 – 02/2014 Member of the National Board of the Catholic German Scout Association, Speaker for the Department of International Justice
- 07/2009 – 03/2011 Member of the board of the association “Rheinland-Pfalz und Ruanda e.V.” [Rhineland-Palatinate and Rwanda], formation of the Rwandan-German youth network “ejo-connect”
- 03/2009 – 12/2011 Scholarship holder of the Friedrich-Ebert Stiftung
- 07/2007 – 06/2014 Member of the Federal Working Group for International Justice of the Catholic German Scout Association
- 10/2005 Publication of the “Ruanda Tagebuch” [Rwanda Diary], latros Verlag, Nierstein

Landau, September 08, 2020