

# Curriculum vitae

## Thilo Friehs

### Education

- Since 2019 **Postgraduate training in Cognitive Behavioral Therapy**  
*Weiterbildungsstudiengang in Psychologischer Psychotherapie (WiPP),  
University Outpatient Clinic for Psychotherapy, Landau, Germany*
- Since 2019 **Ph.D. student**  
*Department of Clinical Psychology and Psychotherapy, University of  
Koblenz-Landau, Germany*  
*Supervisors: Prof. Dr. Julia Glombiewski, Dr. Tobias Kube*
- 2017 – 2018 **Master of Science in Psychology** (Grade: excellent, 0.9)  
*Philipps-University of Marburg, Germany*  
*Thesis: "Components of placebo effects in sadness" (Grade: very good, 1.0)*  
*Supervisors: Dr. Tobias Kube, Prof. Dr. Winfried Rief*
- 2012-2017 **Bachelor of Science in Psychology** (Grade: good, 1.6)  
*Philipps-University of Marburg, Germany*  
*Thesis: "Development and psychometric validation of a German version of  
the Utrecht grief rumination scale (UGRS-D)" (Grade: very good, 1.0)*  
*Supervisors: Dr. Bettina Döring, Prof. Dr. Winfried Rief*
- 2011 **Allgemeine Hochschulreife [German higher education entrance  
qualification]** (Grade: very good, 1.3)  
*Gottfried-Arnold Gymnasium, Perleberg, Germany*

### Academic experience

- Since 2019 **Research fellow**  
*Pain and Psychotherapy Research Lab (Prof. Dr. Julia Glombiewski),  
Department of Clinical Psychology and Psychotherapy, University of  
Koblenz-Landau, Germany*
- 2018 **Student research assistant**  
*Department of Clinical Psychology and Psychotherapy, Philipps-University  
of Marburg, Germany*
- 2014 **Student research assistant**  
*Department of Methodology, Philipps-University of Marburg, Germany*

## Therapeutic experience

- Since 2020      **Psychotherapist in Training**  
*University Outpatient Clinic for Psychotherapy, WiPP, Landau, Germany*
- 2019 – 2020    **Psychotherapist in Training**  
*Pfalzkrankenhaus für Psychiatrie und Neurologie, Klingenstein, Germany*
- 2017            **Psychotherapeutic internship**  
*Vitos Clinic for psychiatry and psychotherapy, Marburg, Germany*
- 2016            **Psychotherapeutic internship**  
*Helios Rehabilitation center for psychosomatic medicine, psychotherapy, and psychiatric rehabilitation, Bad Berleburg, Germany*

## Teaching experience

- 2020            **Advanced seminar on the contents of the lecture 'Clinical psychology and prevention'**  
*Undergraduate course*  
*Department of Clinical Psychology and Psychotherapy, University of Koblenz-Landau, Germany*
- 2019 – 2020    **Basic competences of Psychology: Group therapy and management**  
*Undergraduate course*  
*Department of Clinical Psychology and Psychotherapy, University of Koblenz-Landau, Germany*
- 2018            **Evaluation**  
*Undergraduate course as a guest lecturer*  
*Department of Methodology, Philipps-University of Marburg, Germany*
- 2015 – 2018    **Statistics**  
*Undergraduate course as a student teaching assistant*  
*Department of Methodology, Philipps-University of Marburg, Germany*
- 2016 – 2017    **Basic competences of Psychotherapy: Therapeutic techniques of CBT**  
*Undergraduate course as a student research assistant*  
*Department of Clinical Psychology and Psychotherapy, Philipps-University of Marburg, Germany*

## International experience

- 2015            **Study exchange**  
*Visiting student at the University of Limerick, Ireland*  
*Funding: Erasmus+ program of the European Union*

2011 – 2012

**Travel abroad**

*“Work and Travel” in New Zealand*

**Awards**

2020

**Award for excellent teaching**

*Department of Psychology, University of Koblenz-Landau, Germany*

**Funding**

2019

**Research Fund for the participation at the 2<sup>nd</sup> official SIPS conference on placebo studies**

*550€, Förderung des wissenschaftlichen Nachwuchses, University of Koblenz-Landau, Germany*